

Let's see what's for lunch...



Monday	<b>Main Meals</b> Beef Bolognaise with Spaghetti  Vegan Bolognaise with Spaghetti  Baked Jackets with Grated Cheese	<b>Served With</b> Peas & Broccoli  <b>Dessert</b> Maryland Cookie
	<b>Main Meals</b> Ham & Cheese Pizza with Baked Wedges  Margherita Pizza with Baked Wedges  Pasta & Tomato Sauce	<b>Served With</b> Carrots & Sweetcorn  <b>Dessert</b> Apple Crumble with Custard
Wednesday	<b>Main Meals</b> Roast Chicken with Roast Potatoes & Gravy  Squash & Lentil Lasagne  Baked Jackets with Baked Beans	<b>Served With</b> Seasonal Greens & Cauliflower  <b>Dessert</b> Cherry Cornflake Cake
	<b>Main Meals</b> Macaroni & Cheese Bolognaise Bake  Spanish Omelette  Pasta & Tomato Sauce	<b>Served With</b> Broccoli & Carrots  <b>Dessert</b> Chocolate & Pear Sponge
Friday	<b>Main Meals</b> Breaded Fish Fingers with Chips & Ketchup  Vegan Goujons with Chips & Ketchup  Baked Jackets with Grated Cheese	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Banana Flapjack
	<b>Freshly Baked Bread:</b> Carrot & Beetroot or Wholemeal Bread	

Week 1:  
1<sup>st</sup> January, 22<sup>nd</sup> January, 12<sup>th</sup> February, 4<sup>th</sup> March, 25<sup>th</sup> March, 15<sup>th</sup> April, 6<sup>th</sup> May

**Pabulum Salad Bar**

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:  
Fresh Fruit, Yoghurt or Jelly



Monday	<b>Main Meals</b> Pork Sausage with Mashed Potato & Gravy  Vegan Sausage with Mashed Potato & Gravy  Pasta & Tomato Sauce	<b>Served With</b> Sweetcorn & Baked Beans  <b>Dessert</b> Chocolate Rice Krispie Cake
	<b>Main Meals</b> Chicken & Sweetcorn Pasta  Cheese, Onion & Potato Turnover  Baked Jackets with Grated Cheese	<b>Served With</b> Carrots & Broccoli  <b>Dessert</b> Mandarin Jelly
Wednesday	<b>Main Meals</b> Honey Roast Gammon with Roast Potatoes & Gravy  Sweet Chilli Stir-fry Mushroom & Vegetable Noodles  Wholewheat Pasta & Tomato Sauce	<b>Served With</b> Seasonal Greens & Peas  <b>Dessert</b> Vanilla Ice Cream
	<b>Main Meals</b> Traditional Beef Lasagne  Vegan Layered Vegetable & Sweet Potato Bake  Baked Jackets with Baked Beans or Salmon Mayonnaise	<b>Served With</b> Carrots & Sweetcorn  <b>Dessert</b> Apple & Carrot Flapjack
Friday	<b>Main Meals</b> Breaded Fish Fingers with Chips & Ketchup  Vegan Fajita Wrap with Chips & Ketchup  Pasta & Tomato Sauce	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Lemon Drizzle Sponge
	<b>Freshly Baked Bread:</b> Garlic & Herb or Wholemeal Bread	

Week 2:  
8<sup>th</sup> January, 29<sup>th</sup> January, 19<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April, 22<sup>nd</sup> April, 13<sup>th</sup> May



Made Fresh Every Day  
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.



Monday	<b>Main Meals</b> Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne  Vegan Roasted Ratatouille with Penne  Baked Jackets with Grated Cheese	<b>Served With</b> Carrots & Broccoli  <b>Dessert</b> Orange Shortbread Biscuit
	<b>Main Meals</b> Bacon & Mushroom Carbonara with Pasta  Vegan Sweet & Sour Vegetables with Steamed Rice  Pasta & Tomato Sauce	<b>Served With</b> Sweetcorn & Coleslaw  <b>Dessert</b> Carrot Cake
Wednesday	<b>Main Meals</b> Herby Roast Chicken with Roast Potatoes & Gravy  3 Vegetable Mac n' Cheese  Baked Jackets with Baked Beans	<b>Served With</b> Seasonal Greens & Broccoli  <b>Dessert</b> Chocolate & Beetroot Brownie
	<b>Main Meals</b> Cottage Pie Topped with Sweet Potato Mash  Vegetable Quiche  Pasta & Tomato Sauce	<b>Served With</b> Cauliflower & Carrots  <b>Dessert</b> Vanilla Ice Cream
Friday	<b>Main Meals</b> Breaded Fish Fingers with Chips & Ketchup  Vegan Bubble & Squeak with Chips & Ketchup  Baked Jackets with Grated Cheese	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Apple & Parsnip Cake
	<b>Freshly Baked Bread:</b> Courgette & Tomato or Wholemeal Bread	

Week 3:  
15<sup>th</sup> January, 5<sup>th</sup> February, 26<sup>th</sup> February, 18<sup>th</sup> March, 8<sup>th</sup> April, 29<sup>th</sup> April, 20<sup>th</sup> May

BM1 Hook  
Jan 2024  
All products are subject to availability