

Is your child well enough to go to school?

New guidance has been produced in collaboration with the NHS and partners to help parents and carers decide whether to send their child to school or nursery if they are feeling unwell. [The online resource](#) provides quick access to information that will help someone identify a possible health condition from a range of symptoms and whether the child should remain at home.

The new easy-to-follow guidance lists a range of common childhood illnesses and conditions, as well as symptoms such as a high temperature and a sore throat and what these might mean. It includes details about actions to take and when a child should return to education after being treated.

You can find this, and other resources [via the Parents page on our website](#).

Children in Need

Together we can have fun, keep learning and raise money for a great cause!

Thank you for all your generous donations the current total of online donations is an incredible £440. We have also received some cash donations today and will share the final amount in next week's newsletter. You can still [donate online via our JustGiving page](#).

Year 6 – The Darkest Hour topic

This week Year 6 had the privilege of having Sue and Giulio, two local residents of Hook, visit to discuss their first-hand experiences of World War Two as part of their 'The Darkest Hour' topic.

The children were fascinated to hear Sue talk about her life living in Britain and Giulio's experience of living in Italy. It was a very valuable experience, after learning about the war this term, to have their questions answered.

Thank you to Mrs Stanford who helped to organise the visit as well as Sue and Giulio for giving the children this learning experience, they were very grateful.

Year 6 Learning Events

Year 6 parents, we would like to invite you to our Autumn Term learning event where you will have the opportunity to see and discuss the learning the children have been involved in this term. They have been working hard and have produced some fantastic outcomes that they would like to share. The learning events will take place on the following dates:

Monday 6th December – 6HE and 6HP please join us between 9am – 10am.

Thursday 9th December – 6LE and 6TC please join us between 9am – 10am.

We are looking forward to seeing you,

The Year 6 Team

PE Uniform

Please remember that our uniform expectation includes both daywear and PE kit – both are [clearly explained and illustrated on the school website](#).

Sometimes it is necessary for children to bring their PE kit on an additional occasion and we will advise you in advance if this is the case. If, for exceptional reasons, you are unable to send your child to school dressed in the correct PE kit, please only send them in plain and unbranded items that are broadly similar to our expectations, i.e. a plain white t-shirt or polo shirt and plain shorts or joggers. Children must not attend wearing items of branded or heavily emblazoned clothing, football kits, or clothing that is bright or otherwise distinctive in colour.

Car park safety

We regularly remind all parents to take great care when using the Community Centre car park and know that many of you use the car park at drop off and collection times. This week we are adding a further reminder following the report of a near miss involving children.

If you are a driver, please continue to be aware of the other users in the car park, taking care to park carefully and considerately and when possible switching off your car engine for the benefit of those in the vicinity.

If you and your child(ren) are pedestrians in the car park, please be sure to use the footpath along the edge of Hartlett's Park whenever possible and keep your children under close supervision when moving across the car park to your vehicle.

Stars of the Week

Year 3: Franchesca F, Ellie S, Nandita M & Shyann H

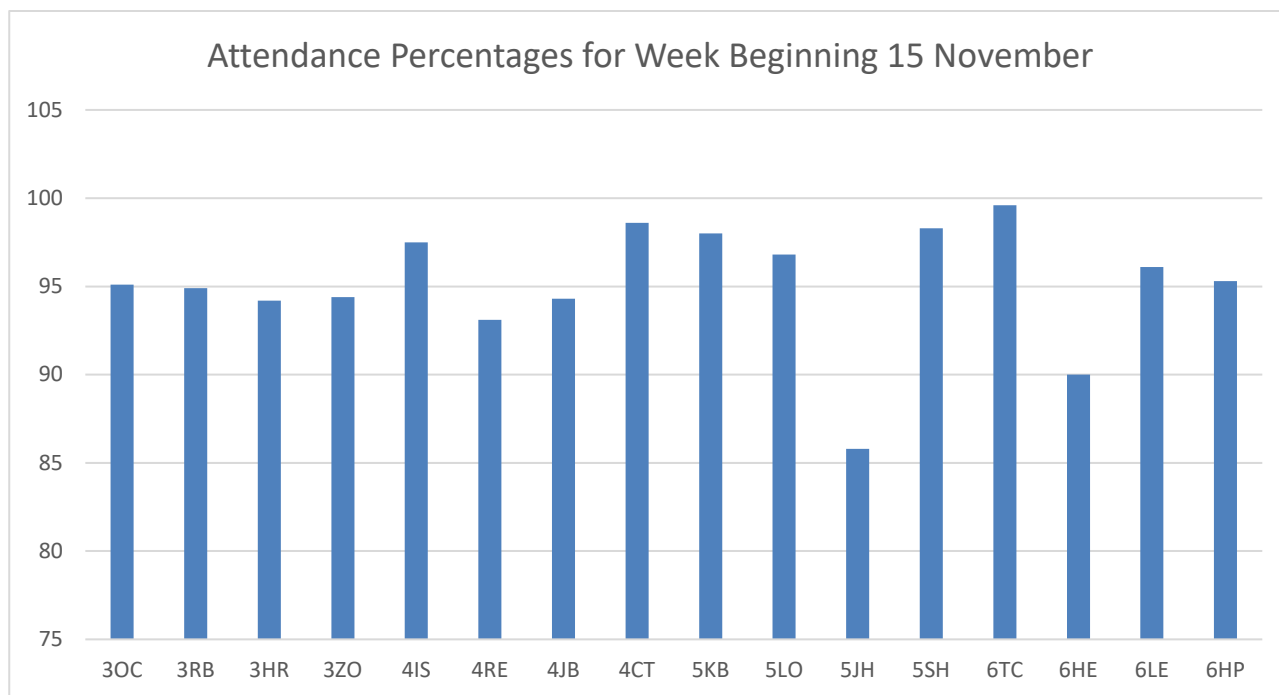
Year 4: William P, Bethany L, Lewis F & Ravit G

Year 5: Casey A, Darius D, Mikey S & Toby D

Year 6: Grace B, Varun N, Giles Q & Jess D

House point winners this week: **Brunel**

Attendance This Week



Every day counts... Your child's attendance matters!

Find out more...

Follow [@hookjunior on Twitter](#) and [visit our Facebook page](#) for more updates and photos.

Key Dates

26 Nov	Mufti day for the HSCA
27 Nov	HSCA Christmas Fair
29 Nov	NSPCC Speak Out / Stay Safe day
07 Dec	Year 4 Christmas Play, 9:15 to parents / carers of 4JB and 4IS
07 Dec	Year 4 Christmas Play, 1:45 to parents / carers of 4CT and 4RE
08 Dec	Year 4 Christmas Play, 9.15 to parents / carers of 4CT and 4RE
08 Dec	Year 4 Christmas Play, 1.45 to parents / carers of 4JB and 4IS
15 Dec	Pupils' Christmas Lunch
17 Dec	End of Term – 1:30 finish
28 Feb	INSET Day
03 Mar	HSCA Bag2school
19 Mar	HSCA Beer Festival
22 Mar	HSCA Mothers Day Sale
24 Mar	HSCA Mothers Day Sale
27 Apr	Happy's Circus
28 Apr	Happy's Circus
19 May	Class Photos
8 Jun	HSCA Bag2School
25 Jun	HSCA Gin Festival
16 Jul	HSCA Summer Fair

10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying; most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

1 PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.



6 SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

2 REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.



7 BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

3 RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.



8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

4 OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!



9 THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

5 POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

10 LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

Meet Our Expert

Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech website The Inquirer, Carly is now a freelance technology journalist, editor and consultant.

